

— SPRING 2026 —

THE DAYO DIGEST

A Newsletter where Youth Sports & Community Come Together



Danbury Athletic Youth Organization is 100% volunteer-run, and we proudly serve 90% of Danbury families. Your support matters—join us and make a difference!



Celebrating Excellence Beyond the Game

We are proud to recognize our Danbury student-athletes who were honored at the New England Pop Warner Scholastic Award Banquet at Gillette Stadium. These outstanding athletes were recognized by Southern Connecticut Pop Warner for earning GPAs of 90 and above, reflecting their hard work, discipline, and commitment both in the classroom and in their athletic programs.

This achievement is a meaningful reminder that success is not measured only by performance on the field, but also by dedication to learning, perseverance, and personal responsibility. We celebrate these student-athletes for setting a strong example and representing Danbury with pride.

Congratulations to **Chukuemeka Oseafiana Jr., Grant Mitchell, Chase Nhum, Josiah Johnson, Vincent Vachovetz, and Christopher Hollins** on this well-deserved honor and impressive accomplishment.



**DAYO
Board Meetings
OPEN TO THE PUBLIC**

**Monthly:
Every Third Thursday**

April 16, 2026
May 21, 2026
June 18, 2026
July 16, 2026
August 20, 2026
September 17, 2026
October 15, 2026



Serve with DAYO on Clean Danbury Day

DAYO is excited to participate in Clean Danbury Day on Saturday, April 25, 2026. This is a great opportunity for athletes and families to come together, give back to the community, and show DAYO pride beyond sports. We are currently looking for volunteers to join us and help make a positive impact in Danbury. We hope many of our DAYO families will take part in this special day of service.

Basketball

The 2026 DAYO Basketball season is in full swing and moving along steadily. Sponsorship checks are typically in by mid-March, and from here, it is smooth sailing. We are excited to continue cheering on our teams as they compete, grow, and represent DAYO throughout the season.



Football

Registration is now open for DAYO Football, and we are excited to welcome athletes and families for another great fall season. Our football programs are designed to give players the opportunity to learn the game, build skills, grow in confidence, and enjoy being part of a team. Whether your child is just getting started or ready for a more competitive level of play, DAYO offers age-appropriate options to help every athlete develop in a fun and supportive environment. Families can visit the website to register and learn more about the program.

Programs available include:

Boys Flag Football: For ages 5–6, this division is a great introduction to football. Young athletes can learn the basics of the game, build confidence, and have fun while developing teamwork and sportsmanship.

Boys Tackle Football: For ages 7–13, this program gives athletes the chance to continue building their skills, grow as teammates, and prepare for an exciting fall season of competition and development.

Girls Flag Football: New this year, DAYO is excited to introduce Girls Flag Football. This program creates a new opportunity for girls to get involved in the sport, develop football fundamentals, and be part of a positive team experience.

We are looking forward to a strong season ahead and are excited to see new and returning players out on the field.



T-Ball

Get ready for an exciting T-Ball season. DAYO Baseball offers age-appropriate levels for young athletes, including Born to Play for age 3, T-Ball for age 4, and Rookie Ball for ages 5–6. Each level is designed to help children learn the basics, build confidence, and have fun on the field. The season runs from April 19 through June 22, and we look forward to seeing our players out on the field this spring.



Track & Field



Another spring season of D.A.Y.O. Lightning Track & Field Club is here. Practices are held at Danbury High School on Mondays, Wednesdays, and Fridays from 6:00 PM to 8:00 PM, with meets on the weekends. We are looking forward to a strong season of running, growth, and teamwork — let the run begin!

Cheer

DAYO Cheer registration is now open, and we are excited for the season ahead. In addition to the fall season beginning on July 15, the program is offering two Spring Cheer Skills & Strength Clinics to help athletes build strength, improve technique, and gain confidence. Clinics will run from March 27–May 1 and May 8–June 12, from 6:30 PM to 7:30 PM, for ages 7 and up. Cheerleaders will also serve as a hype team for the Autism 5K on April 25.



Lacrosse



DAYO Lacrosse is off to an exciting start this spring. Players and families recently enjoyed a fun outing to a Hat Tricks game at the Danbury Ice Arena, building team spirit and supporting the local community. Boys and girls teams are now practicing at Broadview throughout the week, with the season underway and ending on May 31 with the end-of-year picnic. We are also looking forward to special events, including team nights, youth nights, and our Little Laxer clinic this spring.

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Stay Connected

Danbury Trojans